

**Pillars of
Engagement**

*Social, Cultural,
Economic*

PikePulse



**June
2021**

Issue No. 21

Helping build the community of Pike Township through social, cultural, and economic engagements.

NEW 5G LAW

**Harmful for Neighbors
Quality of Life**

PAGE 3

WHAT’S THAT

ORANGE SIGN

Planning & Public Input

PAGE 4

**LIBRARY ENGRAVING
PROJECT**

For Overlooked Authors of Color

PAGE 5

STEWARDING PARTNERSHIPS

Won’t You Be My Neighbor

Page 18



PikePulse

OUR MISSION

Our mission is to help build a stronger sense of community by keeping our fingers on the pulse of Pike Township and publishing positive, upbeat, and relevant news.

Pike Pulse is the only free newspaper in Pike Township that is delivered by the US Postal Service twice a month to every residential and business address.

PILLARS OF ENGAGEMENT

Social • How We Connect

- Spotlight groups and organizations
- Communicate celebrations for Veterans
- Information about our religious diversity
- Neighborhood Associations news
- Health updates
- Art exhibits and performances
- Youth and adult athletic updates
- Academic celebrations

Cultural • Where We Are From

- Stories about Pike residents
- Stories celebrating our diverse cultures
- Stories highlighting opportunities

Economic • How We Make a Living

- Commercial development
- Business-to-Business communications
- Business-to-Consumer communications
- Pike job openings
- Legislative and township development
- Community development
- Pike Business Park news

STAFF

PUBLISHER

Clint Fultz
clint@pikepulse.com

EDITOR - IN-CHIEF

Larry Oliver
larry@pikepulse.com

DIRECTOR OF DEVELOPMENT

Brandon Fishburn
brandon@pikepulse.com

SENIOR GRAPHIC DESIGNER

Jared Price

IT

Ross Wimmersberger

ADVISOR

Dr. Mary E. Chalmers

STAFF REPORTER

Arnita M. Williams

STAFF REPORTER

Carol Mullins

NATURE REPORTER

Christy Kreig

SALES

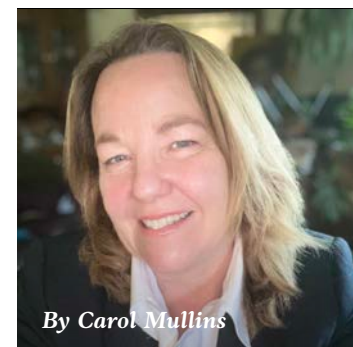
Tami Brill

Published 22 times a year by Pike Pulse LLC (twice a month except for November and December when we publish one issue each month).

PIKE PULSE NEWSPAPER
4732 CENTURY PLAZA ROAD
INDIANAPOLIS, IN 46254
317.349.7200

Welcome our Newest Reporter

COVERING: NEIGHBORHOODS, WATERWAYS, CONSERVATION, INDYGO, RESILIENT PIKE, BUSINESS NEWS, ART & CULTURE



By Carol Mullins

I love the Pike Pulse and its ability to inform residents of events and people in Pike Township. I came to Pike Township almost 40 years ago, when I began attending IUPUI. I married and raised my family here. My husband worked 35 years at the local UPS, my daughters attended Pike schools, my son Traders Point School, and my granddaughter is now a senior at Pike H.S. Over the years, staying actively engaged in my neighborhood, attending Pike Performing Art events, school programs, playing softball at Midwest Sports, hiking and riding bikes at Eagle Creek, leading clean-ups, Girl Scouts, sports teams and with the kids swim team. I spent many

years as beautification manager for Downtown Indy, and carry this passion for creating vibrant communities to my current roles as a volunteer for IndyGo, Reconnecting to Our Waterways, Citizens Climate Lobby, Resilient Pike and in my neighborhood. I have a long history of work in community development, non profits, art, culture, and volunteer programs around beautification and placemaking with a firm understanding of horticulture, natural resources, and community engagement. I look forward to building relationships with neighbors, businesses and volunteers to continue to grow the Pike story.

I'm currently contracted by Fresh Chalk, a Seattle-based social media site, to build brand awareness in the Indianapolis area. As owner of Blue Sky Partnerships, a community outreach organization, the focus is on enhancing public space, and developing solutions for a vibrant community. With a BS in Public & Environmental Affairs, MA Cert. in Philanthropic Studies, and extensive ongoing education, I hope to enhance collaborations with businesses and neighborhoods. Contact me at carol@blueskypartnerships.com and tell me something good about your neighborhood, what you're doing, and how you want to get involved.

LATEST TRANSIT NEWS FROM INDYGO • STAY INFORMED

IndyGo News

By Carol Mullins

Real Time Arrival Screens

Signs at bus bays now display real-time trip departure information at the Carson Transit Center.

Real-time departure information will be the same information shown in MyStop, the Transit app, and Google.

Masks Are Still Required

While Indiana announced a mask advisory, remember that masks are still required onboard all IndyGo vehicles and facilities.

The Transportation Security Administration (TSA) extended its mask requirements, which applies to those traveling in airports, trains, and public transportation.

To learn how we are keeping safety on top of mind for our riders, visit www.indygo.net/health.

Purple Line Continues to Move Forward

Senate Bill 141 and the amended language in House Bill 1191 did

not move forward.

This uncertainty that the legislative session brought did cause us to delay progress on the Purple Line and shift our timeline. IndyGo is assessing those impacts.

Utilities will begin relocating their facilities as early as May 2021 to make way for Purple Line construction. While IndyGo has no control of the utility companies' schedule and communications, we encourage residents and businesses to stay connected with us as we share updates.

To stay up to date with all things Purple Line, sign up for the Purple Line Newsletter at www.indygo.net/purple-line.

Put Litter in It's Place-Please

Do you ever wonder why there's a black trashcan at some bus stops but not others? It means that stop is one of IndyGo's 200 Adopt-A-Stops. Businesses, neighborhoods

or concerned citizens sign up to manage the can through the Adopt-A-Stop program. The program helps keep litter off streets and IndyGo build capacity for maintaining its more than 4,000 bus stops. When I worked for Downtown Indy, we had a similar program that had so much success. Trash cans were adopted by businesses, decked out in "trash hoop" wraps and monitored for cleanliness and emptying.

At IndyGo, adopters can get a trashcan at their stop if they simply agree to pick up litter around their stop and empty the bin when full for a one-year period. In exchange, IndyGo supplies the adopters with trash bags and a five one-day passes for their support.

Some neighborhoods have gotten very creative with their adopted stops. The Bates-Hendricks Neighborhood Association raised

INDIANA GENERAL ASSEMBLY AND GOVERNOR HOLCOMB SIGN HOUSE BILL 1164 INTO LAW

New 5G Law Harmful for Neighborhood's Quality of Life

By Kerry Michael Manders

The Indiana General Assembly recently approved and Governor Holcomb signed into law House Bill 1164, addressing various utility matters. This bill will be harmful by negatively impacting neighborhoods' ability to address the coming onslaught of 5G cell pole's impact on a neighborhood's aesthetic quality of life.

Meridian Kessler Neighborhood Association's (HKNA) Land-Use Chair, Emma Clust states their position... "the new legislation is damaging to Hoosiers. Laws passed about 5G in 2017 already made the job of local authorities challenging and granted the telecom

"The new legislation is damaging to Hoosiers."

industry access to the public right-of-way (ROW) despite the fact that they are not a public utility. This was somewhat unprecedented at the time. The City of Indianapolis was able to attempt to regulate these poles by using the 1970's underground utility ordinance and forcing applicants to apply for a variance." Ms. Clust continues... "legislators, likely at the insistence of industry lobbyists decided that the 2017 legislation needed to be clarified and drafted HB1164. 1164 really finishes the job of eliminating local review authority over when, how and where these are installed. The legislation requires neighborhood groups and individuals to sign up to receive notification (where, and with whom are not clear) when and where a pole will be installed. There is no regulation on height or spacing, and no requirement for co-location of equipment. That is really the most troubling part in our opinion. Because the technology has to be installed close together (every 500 to 1000' apart) to be effective, each carrier is likely to develop their own infrastructure and their own equipment. This means on one block you will likely see up to four poles over 50' tall, you could potentially see 4 poles on one lot in the ROW because

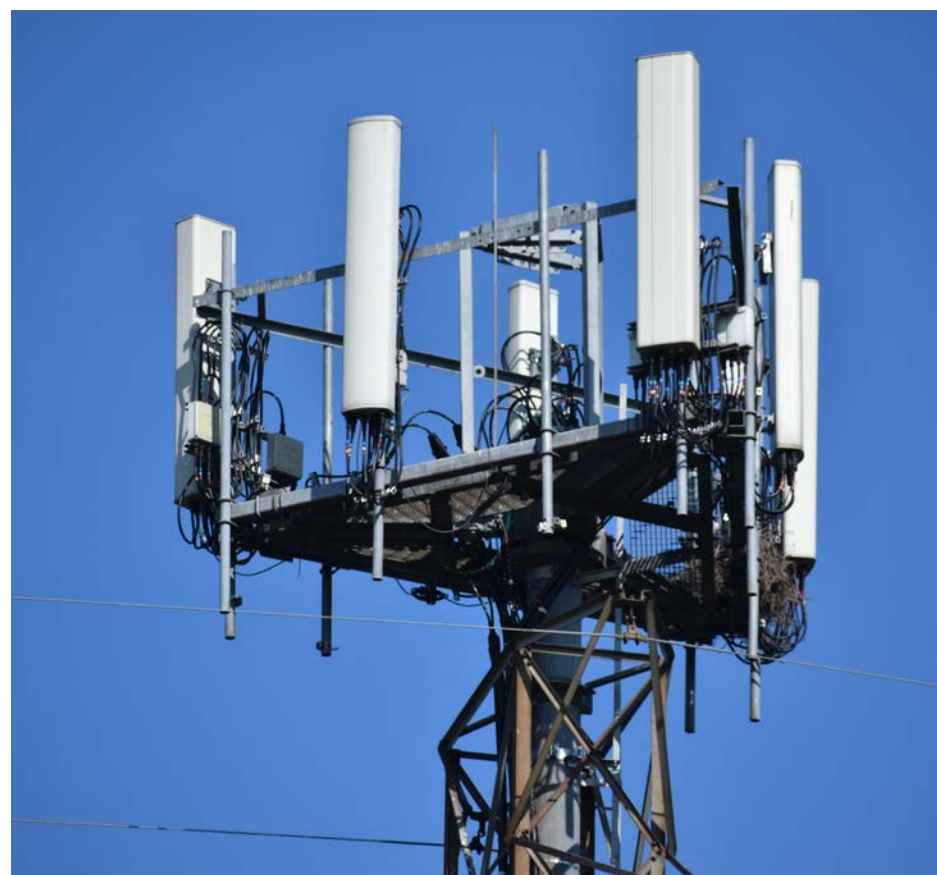
that is allowed per the new law.

Requiring these companies to co-locate would have spared Hoosiers from this, but unfortunately that was not done. Telecom can now install these wherever they so desire, without even a conversation with adjacent property owners or those with a vested interest. We feel that local planning staff and property owners should be part of this process, but we have been completely removed from the equation."

The Marion County Alliance of Neighborhood Associations' (McANA) President and Franklin Township Civic League Land-Use Chair, Cathy Burton, states her opinion... "although we (McANA) have had no discussion about this specific bill, McANA has always been pretty vocal about cell towers and the carriers attempts to clutter the neighborhoods with them, so I feel comfortable in saying that it would appear the cell tower companies were successful in navigating leg-

"Local planning staff and property owners should be part of this process, but we have been completely removed from the equation."

islation 'under the radar' that seems to limit or eliminate a local jurisdiction from exercising any kind of control over proliferation of cell towers (large or small) and any potential impacts on residential properties. To put it more bluntly — looks to me like the cell tower companies convinced the legislators to allow them to do whatever they want with impunity." Crooked Creek Alert's (CCA) Land-Use Committee agree with these perspectives. Pike Township Residents Association (PTRA) did not respond to my inquiries.



LordRealEstateGroup.com

5455 W 86th St.

Suite 160

PO BOX 68693

Indianapolis IN 46268

- Office located in Pike Township
- Specializing in Pike marketing
- Over 20 years of sales experience in our office
- Over half our business is in Pike Township
- 16 year old website LivingInPike.com
- We live in Pike Township

MEET THE INDIANAPOLIS REALTORS
who put you first.



ERIKA WRIGHT Realtor
217-778-9342 Cell/Text
erika@LordRealEstateGroup.com



TIM LORD Broker / Owner
317-319-9012 Cell/Text
tim@LordRealEstateGroup.com

— HELPING YOU MAKE THE RIGHT MOVE —
Get in touch to see how we can help you!

PLANNING AND PUBLIC INPUT

What's That Orange Sign

By Carol Mullins

One of the questions I get asked the most is, "what is the **orange sign**?" These signs are a notice of **public hearings**, usually involving the property they're placed near.

Public hearings provide an opportunity to give input on policies and land use petitions before a final decision is made by the governing authority. The authority and its representatives serve to listen and make decisions in the best interest of the community.

What type of hearings do orange signs signify? Zoning changes, variance requests, plats, or tax abatements are a few. If you see a sign, usually, no decision has been made regarding approval or denial of the petition request. However, citizens need to pay attention and act quickly if they have questions or concerns. The community will have an opportunity to share support, opposition or gather additional information of the petition at a public hearing, or through letters to the

Department of Metropolitan Development, (DMD). The DMD works with other city agencies to plan the future of our city and to preserve historic properties. Each sign should

Orange signs signify public hearings and provide an opportunity to give input on policies and land use petitions before a final decision is made.

contain a petition number with contact information. If you're wanting more information, you may visit the DMD website, enter the petition number or contact a DMD representative. Pike Township Residents Associa-

tion (PTRA), can also help with questions. The organization serves as a forum to allow residents to express concerns and address questions. If you would like more information you may also contact admin@crookedcreek.org.

How to decipher information on the sign? The sign should contain the hearing number written in this format example: A zoning request will say 2021-ZON-34) which indicates it was filed in 2021, is a zoning request, and the 34th filed that year. Or 2020-PL-100 for a plat request. The sign will also show a number or website to get more information.

In conjunction with the sign, letters of notification go to:

1. Property owners near the petitioned parcel to a depth of 2 ownerships with the exception if the property in question is more than 660 feet, then the abutting property doesn't have to be notified.

2. Registered neighborhood organizations***

3. City-County Councilors***

Why should you pay attention to these signs? City planners have outlined well-vetted suggestions regarding land parcels in Marion County & Pike Township. These plans were put in place to promote economic development, while enhancing quality of life for neighbors. They take into account, traffic flow, business use, land use, green space, public services, schools, public transportation, and neighborhood growth. The signs are a way to get input and have discussions between neighbors and the petitioner. Perhaps the petitioner is requesting a variance for building regulations of a lot, or perhaps acceptance to covenants, city ordinance or zoning. It could be a business that wants to operate in a residential district, or get a variance to operate something not typically approved for the area.

What is the process? The petition is filed, the signs are placed at least 30 days before the hearing to give notice to nearby residents and businesses, and then appropriate letters are sent to adjacent property owners. At this stage, you can ask questions of city personnel, the petitioner and affected residents before approval. The petitioner will often reach out to community groups and present their request in a public forum. If you need time to gather more information or organize a community meeting, you may file a "continuance," but it must be filed in a timely manner, usually a week in advance of the hearing date (specific requirements and forms are listed on the DMD website). The city will gather information surrounding the request, including maps, aerial photos, surrounding zoning, pictures, petitioner notes, zoning requirements of the area, and community



concerns and then hold a meeting to discuss input and offer a recommendation. This recommendation is called a "staff report" and becomes part of the filed petition that goes before the hearing commission and board. These records are available to the public for viewing. The hearing will be held at the City County Building, (CCB), the petitioner gives a presentation of fact, the public can send letters expressing support or objection to the request (while limiting input to limit finding of fact), the Commission Board will vote and the petition will be approved or denied. This is a general description of the process, to delve into the EXACT specification and Rules please visit DMD website or review the link to a PDF document called (Metropolitan Development Commission of Marion County, Indiana Rules of Procedure below: (<https://citybase-cms-prod.s3.amazonaws.com/f7fa8597a7ac474a81aefacdac4396e1.pdf>).

How to decipher the sign or get more information? Let us know your questions and what you would like to see in this section.

Additional information can be found by visiting the city planning website: <https://www.indy.gov/agency/departments-of-metropolitan-development>.

Comments and questions can be directed to the **Pike Township Residents Association (PTRA)**, or Pike Pulse representative - carol@pikepulse.com, can also address questions or request DMD response.

"I would like to personally thank all of our clients and workforce. Total Resource Staffing was founded in 2006 and we are looking forward to many years of growth and keeping that personal touch that has given us our success. Our goals for the upcoming years are to continue adding resources and opportunities for clients and our workforce in Indianapolis and surrounding area. We believe a strong internal and external talent pool will continue to give us the recipe for a successful future."

- Karen McFarland, Owner



Celebrating 15 years serving Indianapolis and surrounding area!

WEST SIDE:
5450 W Lafayette Road Suite 1
317-291-1830

EAST SIDE:
4956 E 56th Street
317-292-9204

www.totalresourcestaffing.com



MEMBER OF
American Staffing Association



THE INDIANAPOLIS PUBLIC LIBRARY IS SEEKING THE COMMUNITY’S HELP IN SELECTING DIVERSE WRITERS AND THINKERS TO MEMORIALIZE AT CENTRAL LIBRARY

Public Libraries Name Engraving Project to Memorialize Authors of Color

By Keshia McEntire

The Name Engraving Project will add literary leaders of color to the list of notable authors etched into the interior walls of Central Library.

Between May 7 and June 30, patrons may suggest names via ballot boxes at branches and online. IndyPL’s Name Engraving Committee hopes to engrave an initial group of

of color are memorialized. The original 76 names were selected by a committee of Indianapolis residents in the early 19th century. During Central’s most recent renovation in 2007, a group of 42 renowned authors and a smaller vetting group chose names from a list of those they felt were the “greatest literary individuals of the 20th century.” Within



names as we celebrate the Center for Black Literature and Culture’s 4th anniversary. The project will allow IndyPL to enhance our programming and education surrounding titles by Black, Indigenous, and other people of color, and to use our public spaces to promote and advance diversity, equity, and inclusion.

There are currently 81 names of renowned writers and thinkers engraved at Central Library, but only five women and no people

these additions, no women or people of color were included.

“We want our Libraries to welcome and reflect the diverse public we serve. This project is an opportunity to shine a light on the literary contributions of people who have been omitted in the past, and to educate the public about authors and writers of color,” said Tariq Robinson, adult program specialist with IndyPL. “From these community

suggestions, we will select names that share a more accurate historical narrative of the world’s literary and artistic development.”

The Indianapolis Public Library Foundation is raising funds for the project and says the number of names added is dependent on the funding secured. This year, The Library will engrave the names of Black authors outside of the CBLC and will subsequently add the names of authors of other diverse backgrounds.

Patrons may submit names online or at their nearest branch location and can learn more about The Indianapolis Public Library Foundation or donate to this initiative at indyplfoundation.org. Please select “Central Library” when asked how to apply your gift and put “ENGRAVING” in the notes box at the end of the form.

So far, major support has been provided by Michael & Adelpha Twyman, the Dr. Michael R. Twyman Endowment Fund, and Lilly Endowment Inc. through The Indianapolis Public Library Foundation.

“As a longtime Indianapolis Public Library patron, I brought to Library officials’ attention the omission of persons of color represented in the names engraved at Central Library and I’m excited to be working with them to address this,” said Twyman. “Cor-



recting the historical narrative by making public spaces more inclusive and equitable is a personal mission of mine — so much so that I am committing financial support from the Dr. Michael R. Twyman Endowment Fund and The Library Foundation, along with additional funding from my wife and I to bring this project to fruition. We encourage others to support this worthwhile effort and will match the community’s gifts, dollar for dollar, up to \$9,000.”

Visit the IndyPL blog (<https://www.indypl.org/blog/for-adults/central-library-engraving-project>) to learn more about this project, nominate your favorite authors of color, and to make your gift.

The Riley Center Presents

Before & After SCHOOL PROGRAM

What we offer:

Homework Help
Reading & Writing
E-Learning
Study Groups
Healthy Snacks
Sibling Discounts
And More

GROW. FUN. LEARN.

GUIDE THEIR FUTURE

HOURS 6 AM - 6 PM

THE RILEY CENTER
4040 W 71ST STREET
INDIANAPOLIS, IN 46268

FOR MORE DETAILS
PLEASE CALL (317)297-7078
WWW.THERILEYCENTERINC.COM
INFO@THERILEYCENTERINC.COM

CCDF Accepted

THE NEWSLETTER FOR PIKE METROPOLITAN SCHOOL DISTRICT



#PikeProud

MSD of Pike Township...a *P*assion to understand the world and the *P*ower to change it!

Proudly Celebrating our 2021 Teachers of the Year



Tiffany Hopkins

"Pike Family, so many of you have shown patience, generosity, and strength this school year. I hope you are able to rest and recharge over the summer so we can meet again in August to start yet another unique journey together."

"Thank you so much to all of my amazing students and families for learning and growing with me this year. This will always be a year to remember!"



Anastasia Luc

"Thank you to my Guion Creek 5th grade class of 2021. You challenged me every day, made my job fun and exciting, and made me laugh. I hope you learned as much with me, as I learned from you! Love and hugs to you all!"



Katie Sommers

thank you!



Jeanie Burnworth

"Kuddos to all my students and their parents for working as a team with me this year by rising above all the new learning platforms and challenges. I am very proud of all the growth this year and very humbled to be your teacher."



Brooke Brink

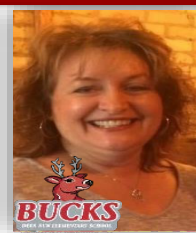
"I hope you have the best summer! Take some time as a family to just enjoy each other's company."



Wendy McDonald

"Scholars, you did such an amazing job this year, even with all the challenges! Relax and read a book this summer!"

"It's an honor to be recognized by my peers as the Eastbrook Teacher of the Year. This has been a challenging year, on many levels, but I'm so proud of how my students have adjusted to the changes."



Sarah Deckert

"I'm honored to receive the Teacher of the Year award for Deer Run Elementary. It is truly a blessing to work with such wonderful administration, staff, students, and families."



Holly Collins

"For me, one of the best parts of being a teacher is watching my students continue to grow even after they leave my classroom. I love getting emails, graduation announcements, and notes from families updating me about the lives of my classroom friends. Thank you for letting me be a part of your journey!"



Alana Waldrip

"Congrats to all on finishing out the school year and thanks for your continued patience and perseverance!"

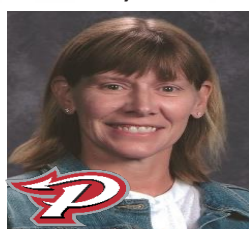


District Teacher of the Year ▼



Ashley Greaves

"I am so thankful to have worked with such supportive parents and students to navigate this different year. Everyone worked together to make this year the best it could be!"



Tonya Monnier

"I am so proud of our community for stepping up to support one another during this challenging year. As Brene Brown says, 'Sometimes the bravest and most important thing you can do, is just show up'"



Tonia Thompson

"I am so grateful and proud to serve the students, educators, and families of Pike Township. Thank you for learning and growing with me!"



Marci Martin

"It is an honor and privilege to serve the students and families in Pike Township. I am #PikeProud!"

@PikeTownshipSchools on Facebook & @PikeSchools on Twitter & Instagram

THE NEWSLETTER FOR PIKE METROPOLITAN SCHOOL DISTRICT



#PikeProud

MSD of Pike Township...a **P**assion to understand the world and the **P**ower to change it!

Celebrando Orgullosamente a Nuestras Maestras del Año 2021



Tiffany Hopkins

"Familia Pike, muchos de ustedes han demostrado paciencia, generosidad, y fuerza este año escolar. Espero que puedan descansar y recuperarse este verano para poder reencontrarnos en Agosto y comenzar otra única aventura juntos."

"Muchas gracias a todos mis maravillosos estudiantes y familias por aprender y crecer conmigo este año. Este siempre será un año para recordar!"



Anastasia Luc

"¡Gracias a mi clase de 5º grado del 2021 de Guion Creek. Me desafiaron todos los días, hicieron que mi trabajo fuera divertido y emocionante, y me hicieron reír. ¡Espero que hayan aprendido tanto conmigo como yo aprendí de ustedes! ¡Amor y abrazos a todos!"



Katie Sommers

thank you!



Jeanie Burnworth

"Felicidades a todos mis alumnos y a sus padres por trabajar en equipo conmigo este año superando todas las nuevas plataformas y desafíos de aprendizaje. Estoy muy orgullosa de todo el crecimiento de este año y muy haber sido su maestra.."



Brooke Brink

"Espero que tengan el mejor verano! Tomen tiempo como familia para disfrutar de la compañía de uno y del otro."

"Es un honor ser reconocida por mis compañeros como el Maestro del Año de Eastbrook. Este ha sido un año desafiante, en muchos niveles, pero estoy muy orgullosa de cómo mis alumnos se han adaptado a los cambios.."



Wendy McDonald

"Alumnos, hicieron un trabajo maravilloso este año, a pesar de todos los desafíos! ¡Relájense y lean libros este verano!"



District Teacher of the Year ▼



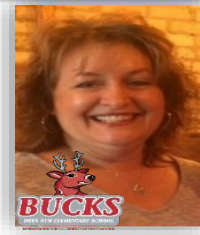
Ashley Greaves

"Estoy muy agradecida de haber trabajado con padres y estudiantes tan comprensivos en este año tan diferente. ¡Todos trabajaron juntos para que este año fuera el mejor posible! "



Tonya Monnier

"Estoy muy orgullosa de nuestra comunidad por dar un paso adelante para apoyarse mutuamente durante este año desafiante. Como dice Brene Brown, "A veces, lo más valiente e importante que puedes hacer es simplemente presentarte".



Sarah Deckert

"Es un honor para mí recibir el premio a la maestra del año por la escuela primaria Deer Run. Es realmente una bendición trabajar con una administración, personal, estudiantes y familias tan maravillosas.."



Holly Collins

"Para mí, una de las mejores partes de ser maestra es ver como mis estudiantes siguen creciendo aun cuando dejan mi salón de clases. Me encanta recibir correos electrónicos, anuncios de graduación, y notas de las familias actualizándome sobre la vida de mis amigos del salón de clases. ¡Gracias por permitirme ser parte de su viaje!"



Alana Waldrip

"¡Felicidades a todos por terminar este año escolar y gracias por su paciencia continua y perseverancia!"



Tonia Thompson

"¡Estoy agradecida y orgullosa de servir a los estudiantes, educadores, y familias de Pike Township. Gracias por aprender y crecer conmigo!"



Marci Martin

"Es un honor y un privilegio servir a los estudiantes y las familias en Pike Township. ¡Soy #PikeProud!"

@PikeTownshipSchools on Facebook & @PikeSchools on Twitter & Instagram

LOCAL BUSINESS PROFILE

Lafayette Road Nutrition Spot By Arnita Williams

Elizabeth along with her husband are owners of the Lafayette Road Nutrition Spot, a smoothie and juice bar. They specifically named their business as such, so customers could easily find their shop and instantly realize their business serves health-conscious customers.

Elizabeth had the idea to start the business, which officially opened March 17th, “mostly because my mom had diabetes and she was having trouble with her health.” She was looking for something that would help her get better. When Elizabeth’s mom began making healthier eating choices and exercising, her health improved. She also discovered that “we can eat healthily and stay healthy, as well.”

Before Elizabeth became overweight, “I didn’t want it to have the same thing, like generational diabetes. I wanted to do something positive for myself. So, I started to get an education in nutrition. Now, I’m trying to help others by telling them that it’s good to do some exercise, hydrate, and have good eat-



healthy, appetizing menu. They offer detox and energy drinks with vitamin C and protein, smoothies, hot coffee frappes, healthy bowls, donuts, and waffles made without white flour. Everything is made with low sugar that even people who have diabetes or high cholesterol can have as a healthy alternative, and it tastes good.

Their drinks and shakes are served in a variety of flavors, with delicious toppings. “We have banana caramel, vanilla with hot chocolate, banana, mango pineapple, strawberry, and other flavors.” All items are made with fresh fruit, “added wherever, and in whatever you want, if you want Mango, if you want, strawberries, blueberries, it all depends on what the person wants.”

Another unique feature about the business is that they offer cardio classes, given by a certified Zumba instructor onsite within the juice bar. Although with COVID, they practice social distancing during class sessions. This limits the class to 10 to 15 participants, which at capacity can accommodate 20 people.

After exercising, you can head over to the smoothie and juice bar a few steps away, to get a healthy juice drink, shake, or smoothie to rehydrate, replenish your energy, and satisfy your hunger.

Zumba classes are \$5 per session, first come, first served. But you must call to reserve your spot since spaces are limited. The classes are held from 11:00 AM to noon on Monday and Friday. Tuesday, Wednesday, and Thursday the juice bar is open from 6:00 PM to 7:00 PM. There’s also a lounge area if you want to sit and socialize, or just hang out after Zumba.

The nutrition spot is open Monday through Thursday, 8:00 AM to 8:00 PM. Friday and Saturday 8:00 AM to 5:00 PM. Social distancing, with all sanitary guidelines, is required, and you must also wear a mask. “We follow everything in the system.”

When customers visit the Lafayette Road Nutrition Spot, “People feel good and healthy because everybody deserves to be healthy,” says Elizabeth.

ing habits.

I think it’s okay for everybody to eat a variety of foods, but just take care of the portions of what we eat, detox our systems, and try to eat as healthy as we can.”

Elizabeth began her journey to become healthier when she was a teenager. She was overweight, but she didn’t have diabetes or major health problems. However, she said “since I was a teenager I had little things like headaches, constipation, and stuff like that.”

“In the way that I saw myself,” she thought, “If I keep gaining more weight, my health will get worse.” So, in her teen years, she made changes to maintain a good, healthy, active lifestyle.

Elizabeth has made it her life mission to “take care of myself and others as well,” which is the main goal of the smoothie and juice bar she and her husband have established.

Since opening the business, “people are starting to come when they notice the sign and the location. And they’re starting to bring friends because they like the shakes. We also have lots of customers, since we’re starting to promote; and we do get orders, but sometimes people just order for pickup.” They can either come inside or use the curbside pick-up service. The juice bar also delivers within the general vicinity.

Lafayette Road Nutrition Spot has a



NOW HIRING

DIRECT SUPPORT PROFESSIONALS

- Full- and part-time flexible schedules available throughout the greater Indianapolis area
- Paid training - no experience needed
- Industry-leading benefits including health, dental and vision insurance, paid time off, tuition reimbursement and more!
- Open Interviews every Wednesday from 9am-12pm

DSPs must be 18 years or older, have a valid Indiana driver’s license and have a reliable vehicle and maintain auto insurance.

(317) 744-5300

newhopeofindiana.org/join-the-team

4251 Lafayette Road
Indianapolis, IN 46254

Facebook: [fb.com/](https://www.facebook.com/lafayetteRDnutritionspot)

[lafayetteRDnutritionspot](https://www.facebook.com/lafayetteRDnutritionspot)

Instagram: [instagram.com/explore/](https://www.instagram.com/explore/locations/106662361138454/lafayette-rd-nutrition-spot/)
[locations/106662361138454/](https://www.instagram.com/explore/locations/106662361138454/lafayette-rd-nutrition-spot/)

[lafayette-rd-nutrition-spot/](https://www.instagram.com/explore/locations/106662361138454/lafayette-rd-nutrition-spot/)

Phone: 317.397.1260

AL-HAQQ FOUNDATION (cont. from previous issue)

By Arnita Williams

THIS IS THE LAST SEGMENT OF A THREE-PART SERIES ABOUT THE AL-HAQQ FOUNDATION, WHICH DISCUSSES THE ACADEMY, AND THE HISTORY OF THE MOSQUE THAT HAS BEEN ESTABLISHED IN PIKE TOWNSHIP.

When Imam Muhammad Ndiaye established the Al-Haqq Foundation, based on “one of the 99 attributes of God the Almighty, being the most merciful, the most kind, and the most patient, I just chose one, and it was a foundation.”

The foundation “was established here on the westside, because there was a time when there was a lack of guidance for our community on this side of town,” within the Muslim community. The Al-Haqq Foundation was the first mosque that was established on the westside,”

Established here on the westside, because there was a time when there was a lack of guidance for our community

which Pike Township was chosen for its location. “There was none at all here.”

“Now, there’s a second or third one on this side.” However, before the establishment of these mosques, other mosques were quite a distance from the city. So, Imam established the Al-Haqq Foundation in Pike to bring people, children, and the Muslim community together.

Also, the westside mosque provides a means to teach people their religion, and allow worshippers who did not have the opportunity to go pray every day, a place to pray, and come on Friday to the congregation and listen to a sermon.”

In addition, the Al-Haqq Foundation has an academy, a full-time school, which has daycare and pre-K programs. Although it is licensed to teach through 12th grade, so far, the academy is up to grade three. The goal next year is to offer fourth grade and eventually add each grade level up to the 12th.

Most students are people of color. They are of African, Pakistan, and Asian descent. “These are people who did not have certain opportunities or advantages in other communities. So now they can come together, and feel more comfortable seeing their own.”

Students can identify with individuals in leadership, such as with the school principal, and realize “he’s my own, and look at my teacher and see my own.” As the children see their mentors and role models in leadership roles, they can also visualize the hope and possibilities of becoming leaders themselves.



Students at the academy learn early in their development that “there are people who look like me, and speak my language.” This is the

There are people who look like me, and speak my language.

reason Imam Muhammad Ndiaye created this foundation, which he started single-handedly in 2006. “Now in 2020, we see a lot of progress.”



Membership Pricing

- Adult Primary \$59
 - Adult add-on \$40
 - Child 6-17 \$10
 - Initiation Fee \$75
 - No Contract
- Contact Membership at 317-920-7400 for more information.

You bring the Commitment. We provide the SUPPORT. Together we will achieve RESULTS.

**YOUR HOME
FOR HEALTH
& FITNESS
CONTACT US**



Indianapolis Healthplex



FACEMASK REQUIRED
FOR ENTRY

Indianapolis Healthplex

317-920-7400; 3660 Guion Rd.; Indianapolis, IN 46220
www.IndianapolisHealthplex.com
M-F 5:15 AM - 10 PM; SAT/SUN 7 AM TO 8 PM

THE INDIANAPOLIS PUBLIC LIBRARY IS CELEBRATING ITS 102ND SUMMER READING PROGRAM THIS YEAR WITH, "DISCOVER!"

What Will You DISCOVER at the Library This Summer?

This summer, children, teens, and families will DISCOVER the love of reading, learning, and much more.

The program runs from June 7th- July 31st. This year we will be using the online application, Beanstack to track and record hours read and prizes earned. The App can be found at indypl.beanstack.org or by searching in the Apple App Store or Google Play Store. Once you have signed up you will be able to track the time you spend reading alone, reading out loud to others, listening to audiobooks, or having someone read to you. Prizes are earned when you have read for 1 hour, 5 hours, 10 hours, 15 hours, and 20 hours. Want to earn a Bonus Prize? Complete seven fun and educational activities listed in your Beanstack account after you sign up to win an additional Discovery Mystery Bag!

Prizes this year include, bubble poppers, journals, and yo-yos. We also have Indians

tickets, Indy Park Pool passes, and, of course, Books! You can track your progress for all activities in Beanstack or on your paper tracker. Prizes can be claimed until August 7, 2021.

We are thrilled to let our community know that Summer Programs and Workshops are back and in person this year. We are excited to host, Pop-Up Art Wall Mask Class with Mr. Tony, Junior Chef: Around the World, Drawing 2 Conclusions Art Class with Gary Gee, Rocket Ship Catapult Class and the always popular Silly Safaris. Summer Programs will require registration; you may register in person or by calling the branch where you would like to attend the program of your choice.

Branches serving the Pike Township area include: Pike, Eagle and Michigan Road Branches. Programming is scheduled from June-July. To find dates and times for our Summer Reading Programs, please visit

indypl.org/events.


Adults may also participate in the Summer Reading Program. DISCOVER new books, new music, new movies, or new skills, and hobbies! Complete fun activities to earn prizes or ticket(s) for a virtual drawing. To log your progress, adults will also need to create an account on the Beanstack app. Pick up your prizes at your local branch.

Please visit the library's website indypl.org/srp for more information on using Beanstack, find times and locations for upcoming Programs at all branches, and Summer Reading Prizes. We look forward to seeing you the library this year!

This summer you will also see some new faces in the Pike Branch. "Hello," my name Anna Lake and I am the new Children's Librarian at the Pike Branch. I have worked for four years as a Children's Librarian at the Indianapolis Public Library. Summer Read-

The
INDIANAPOLIS PUBLIC
Library

ing is my favorite time of year in the library because I get to speak to children and teens about what they are reading. I also enjoy giving out prizes and assisting with reader's advisory. Some of my favorite children's books are, *We Don't Eat Our Classmates*, by Ryan T. Higgins and *The Legend of Rock, Paper, Scissors*, by Drew Dewart. When I am not at the library, I like to hike, read, travel and listen to podcasts. I am so excited to be a member of the Pike Branch! I look forward to getting to know the community so please stop in and say, "Hi!"





**FBGNC Family Campus
Dual-Language Preschool**
Fay Biccard Glick Neighborhood Center

The
Preschool
with
Heart

A globally competitive system where each classroom is led by a trained and certified teacher, preparing students to exceed the standards and expectations as they enter kindergarten.

El
Pre-escolar
con
Corazón

Una educación globalmente competitiva donde cada aula es liderada por un profesor capacitado y certificado, preparando a los estudiantes para superar los estandares y expectativas al ingresar al jardín de niños.

CALL TODAY: 317-293-2600

Limited Enrollment

FayBiccardGlickCenter.org

Llame hoy: 317-293-2600

Inscripción limitada

enrollment@fbgnccenter.org

2990 W. 71st Street, Indianapolis, IN 46268







2021 INDYPL Summer Reading Program

June 7 - July 31

Track the time you spend reading alone, reading out loud to others, listening to audiobooks, or having someone read to you.

Prizes

Prizes are earned when you have read for 1 hour, 5 hours, 10 hours, 15 hours and 20 hours.

Prizes can be claimed until August 7, 2021.

How to Sign Up

Register at your **local library branch**, at indypl.beanstack.com, or download the **Beanstack Tracker App** in the [Apple App Store](#) or [Google Play Store](#). For more details contact your local branch or visit indypl.org/srp.



Pike Pulse Newspaper

DELIVERED TWICE A MONTH* TO EVERYONE IN PIKE TOWNSHIP.

Pike Pulse is the only township-based, independent trade publication in Pike.

Every issue of *Pike Pulse* reaches decision-makers in Pike Township. Whether you're a retail business looking to boost your market share or a manufacturer looking for ways to support your local community, *Pike Pulse* connects you with the people making things happen. Issues are mailed to everyone in Pike twice a month.* It is also bundled and delivered to hotels, libraries, schools, select restaurants, and other strategically determined locations. **Every issue is accessible to over 100,000 readers.**

News and ad Deadlines: 10 days before publication. Send news and stories to brock@pikepulse.com. Send ads to brandon@pikepulse.com.

PIKE PULSE TRUSTED PARTNER PROGRAM



- Share a marketing package with your Trusted Partner businesses
- Split the investment and secure more ad space
- Present more diversified services and open up more referrals
- Grow your business alongside businesses you work with

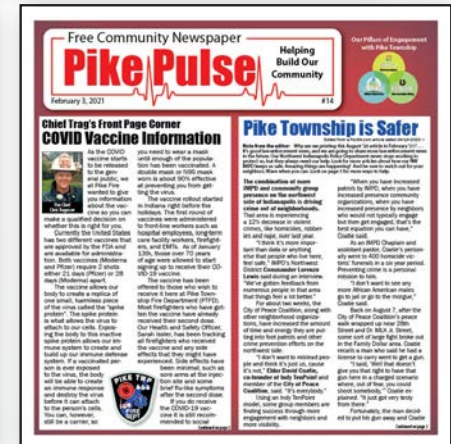
YOUR AD COST PER HOUSEHOLD:

1/8 page ad = 1.25 cents
1/4 page ad = 2.2 cents
1/2 page ad = 3.75 cents
Full page ad = 6.25 cents

**Pike Pulse* publishes 22 editions annually — 2 issues every month except 1 each in November and December

THE FACTS:

Your message can reach over:
32,000 households with
76,000 readers, and
3,700 businesses with
58,000 employees
twice a month.*



NEWS

ADVERTISING SALES: BRANDON FISHBURN | 317-445-5189 | Brandon@PikePulse.com

PIKE TOWNSHIP TRUSTEE'S OFFICE

ANNETTE M. JOHNSON

Trustee

317-291-5801
317-399-7385
ajohnson@pikefire.com

5665 Lafayette Rd. Ste C
Indianapolis, IN 46254



www.**PrimeSmile**.com

IRVINGTON
317-322-1840

EAGLEDALE PLAZA
317-925-2810

KEEPING KIDS' SMILES **Prime**



10% OFF

Bring this coupon to receive
10% OFF discount. Cannot be
combined with another
discount or promotion.
5035 W 71st Street location only

5035 W 71st St., Suite H, Indianapolis, IN 46268
317-328-8505 • flap-jacks71st.com
Monday - Sunday 7AM - 3PM

RENTING! ... IS LIKE THROWING YOUR MONEY DOWN THE DRAIN!



Mae Miller
I'd Love♥To Be
Your Realtor!
Call Me!

Don't dream your life,
Live your dream!
You can buy a home!



Highly Favored Realty, LLC
Owner / Broker: Mae Miller
email: ethel.miller@sbcglobal.net
website: 1highlyfavoredrealty.com

Grants and No Money Down
Assistance is Available!

**Top 10 things to do when selling or buying a home:
#1 Call me, (317) 417-8264, I'll handle the other 9!**

zerorez®

Hiring Now! Join the Best in Indy!

Carpet Cleaning Technicians

- \$48-65,000 Annual Pay + \$750 Starting Bonus
- Email jobs@zerorezindianapolis.com or Text 317-376-7035
- \$17/hour training pay

zerorezindy.com



GEORGETOWN MARKET
4375 Georgetown Rd
Indianapolis IN 46254
Ph: 317-293-9525
www.georgetownmarket.com
PICKUP & DELIVERY AVAILABLE
shop.georgetownmarket.com
Natural Grocery
Eatery / Deli
Juice & Smoothie Bar
Supplements / Herbs
Personal Care
Classes / Demos / Events
CBD
Knowledgeable Staff
Rewards Program

GEORGETOWN MARKET

4375 Georgetown Rd
Indianapolis IN 46254
Ph: 317-293-9525

www.georgetownmarket.com
PICKUP & DELIVERY AVAILABLE
shop.georgetownmarket.com



facebook / instagram / twitter

OUR HOURS:

STORE HOURS

Mon - Sat: 9am - 8pm
Sunday: 11am - 5pm

JUICE BAR HOURS

Mon - Sat: 9am - 6pm
Sunday: 11am - 4pm

DELI HOURS

(Sandwiches/Hot Foods)
Mon - Sat: 11am - 6pm
Sunday: Closed

✦✦ Enchanted ✦✦
Cleaning Solutions LLC

317-744-4193

ONE TIME CLEANING • WEEKLY • BI WEEKLY • MONTHLY

☆ **POST CONSTRUCTION
CLEANING SERVICES** ☆

☆ **RESIDENTIAL** ☆

☆ **COMMERCIAL** ☆

LICENSED, INSURED,
& BONDED



MAY REALTORS, LLC

RESIDENTIAL REAL ESTATE IN INDIANAPOLIS AND SURROUNDING AREAS

MR
MAY REALTORS



Liz May, Broker
We Speak Spanish

May Realtors serves both buyers and
sellers in Marion and adjacent counties
with a sharp focus on its clients needs!

6926 Bluffridge Place, Indianapolis, IN 46278
lnmay24@gmail.com • darwindmay@yahoo.com

Experienced Knowledgeable Client Focused
www.may-realtors.com • 317-750-6700



Darwin D. May
Managing Broker

NEIGHBORHOODS OF PIKE TOWNSHIP

Tell Me Something Good!

There are hundreds of neighborhoods in Pike Township, many are listed below, along with a few stories from your neighbors. For simplicity, I'm including PTR Board member Districts (1-6). If you read the article, "Won't You Be My Neighbor," you know community is important to me, and particularly on the positives, what's good, what's working and relationships among neighbors. Last year, Covid19 created isolation from others physically, and being away from our community was somewhat taxing, yet we endured. In a community you can build relationships around the positive, right outside your door, and learn new ways to connect. I know there are things that we need to improve, however by focusing on the assets, where things are working, connectng around the good, forming cohesive groups with shared stories and commonalities we can become a more cohesive group. I recently contacted residents in each of the six districts and asked them to, "tell me something good happening in their area," a quick sentence about what they

liked, or even just a quip about the neighborhood. These stories are shared below, for each "Districts boundaries, zip codes, school, waterways, and some neighborhoods." Note: These neighborhood listings, waterway/creek/lake are not all inclusive. The stories are recollections of those who told them and hopefully will spur you on to connect with ua and tell your stories, share neighborhood news about celebrations, events, garage sales, meetings. Email me: carol@pikepulse.com. Let's talk about your neighborhood and potential to craft projects around beautification and sustainability.

DISTRICT 1

Boundaries - 96th/79th/Raceway/Zionsville Rd.
Zip Codes - 46278, 46077
Waterway - Eagle Creek Reservoir, Eagle Creek stream and tributaries- Fishback Creek, Bushs Run, Sheet's Creek
Pike Schools - Fishback Elementary
Brendon Woods Resident - "Our neighbor-

hood is pretty quiet and I love the tree lined streets to walk my dog. We have a Crime Watch and most of the neighbors know each other. Also, there's not much traffic that comes back here, as we are kinda tucked away. I love the lake and wildlife."

Neighborhoods

Connaroe
Brendon Woods
Blossom Rd.
Falcon Ridge
Marsh Landing
Thoroughbred Acres
Traders Point
Walden Trace
West 86th Street
Traders Point Creamery

DISTRICT 2

Boundaries - South side of 96th/79th/ West side of Township/Zionsville Rd.
Zip Code - 46268
Waterway - Crooked Creek - (tributaries Payne Branch, Oil Creek, Delaware Creek)
MSDS Pike - College Park Elementary
Resident asked for neighborhood to remain Anonymous, as they didn't want crowds coming to find the free concerts. "We have concerts on cul-de-sacs. Many of our neighbors are musicians and they'll gather on a cul-de-sac, everyone will bring chairs, a picnic, and items to share to enjoy the music. We have a great creek that also runs through the neighborhood and the kids spend hours exploring and playing in it. The wildlife is awesome, it's a hidden gem."

Neighborhoods

Branch Creek
College Park
Crooked Creek Condos
Crooked Creek Apartments
Marquette Manor
North Point Village
Quail Ridge
Oil Creek
Pine Woods
Summerwood
The Towers at Crooked Creek
Westchester
Westover Subdivision
Indy Humane
Post Office - New Augusta Post Office
Park 100 Industrial Park - One of the largest in the U.S.
Fortune Park - Business Park
College Park - Business Park at the Pyramids

DISTRICT 3

Boundaries - 79th/56th/465/Raceway - 46278,46254
Eagle Creek & Eagle Creek Reservoir
Pike Schools - None
Lakeside resident "I'm pretty sure we're the oldest neighborhood built in Pike Township." Normandy Farms resident "There is a lot of history in this area. Eagle Creek Park is within walking distance. We have so many Historic Properties. The Marsh Family home, the old Ropkey Museum, now closed and Indiana Landmarks bought the house and tried to sell it for \$1, but It was torn down when nobody purchased it. Did you know the original Normandy Farm barn was dismantled, each piece marked, and it was moved the Indiana State Fair Grounds?"

Neighborhoods

Normandy Farms
Lakeside
Huntington
Chestnut Hills
Blossom Rd. Neighborhood
Notable points of interest.
Normandy Farms Historic Site
Traders Point Creamery

DISTRICT 4

Boundaries - 79th/62nd/Zionsville Rd./ Township Line Rd.
Zip Codes - 46268, 46260
Waterway - Crooked Creek
Pike Schools - Early Learning Center, Eastbrook Elementary, New Augusta South Elementary, Central Elementary, New Augusta Academy North, Lincoln Middle School, Pike Freshman Center, Pike High School and Pike Career Center.
Wetherburn Resident - "I can walk out of my house in the winter, spring, summer or fall, along this quiet and quaint little side road, and see so much nature. Deer, birds, and the trees used to cover the road like a tunnel and the nature is awesome. Then the construction just north of us chased all the wildlife away, they cut back the trees that used to cover the road. It's horrible, they cut down all the trees and displaced all the wildlife." -Stacy

Neighborhoods

Augusta
Augusta Green
Augusta Heights
New Augusta
Crooked Creek South
Crooked Creek Heights
Crooked Creek West
Horizons of Faith Nieghborhood
Westbury Court Apartments
Wetherburn
Cooper Pointe
Eskanazi Health




FANIMATION[®]
C E I L I N G F A N S

FANIMATION.COM



Fay Biccard Glick Community Center
Robin Run
Wetherburn
Pike Library
Midwest Softball and Sports Complex
Pike Fire Headquarters
Park 100
Technology Park

DISTRICT 5

Boundaries - 56th/38th/465/Raceway Rd.
Zip Codes - 46254, 46234
Waterway - Eagle Creek and Eagle Creek Reservoir
Pike Schools - Eagle Creek Elementary
Eagle Highlands Resident: Eagle Highlands
- "There is a small creek, called "Mud Creek," I'm not sure if that's the official name or just

what we call it. It's not really a creek, but more of a ditch, the dogs will run in to it and come out stinky, and muddy. I would never let my kids play in it. These days, we are for the most part quite. People pretty much keep to themselves. We do know a couple of our immediate neighbors, but that's about it. It's not like the old days when we knew everybody who had kids, and that was most people. There are only a few of us oldies left, you know, of the original families. Very few children and more rentals. There is the neighborhood park that is still used which is good. And the trail/sidewalk along Eagle Creek Parkway is very busy and the trail from 46th street to 56th street is also very busy! My husband walks it or rides his bike on it almost everyday. I think the best part is Eagle Creek Elementary, I love to hear the kids playing outside."

Neighborhoods

Eagle Highlands
Eagle Creek Woods
The Trees I & II
Coppermill at the Park
Barrington
The Cove
Cobblestone
Ballenshire
Lincolnwood

Rutherglen
Points of Interest:
Eagle Creek Park
Eagle Creek Airpark
Eagle Creek Marina
Colts Practice Complex
Mary & John Geisse Soccer Field and Mayor's Gardens

DISTRICT 6

Boundaries - 62nd/38th/Lincolnwood Rd./Interstate 465.
Zip Codes - 46254
Waterway - Little Eagle Creek, Guion Creek
Pike Schools - Snacks Crossing Elementary, Guion Creek Elementary & Middle Schools
From Woods of Eagle Creek - "I remember a golf course along 56th and Georgetown, before the shopping mall and Marsh went in. We'd walk along Georgetown Road and collect golf balls. There is a little creek that runs through the area and there used to be a bed and breakfast on Hollingsworth Road, I'm not sure if its there anymore. My son played little league ball on the ball fields on Hollingsworth and we could walk up to corner to get ice cream in the summer. Things are changing. Some good, some not so good. I'm glad
Page 16

loanDepot®

America's Mortgage Lender

Chris Moore

Loan Consultant

12411 N Pennsylvania St, Suite 110

Carmel, IN 46032

chmoore@loandepot.com • (317) 847-4738



LOOKING FOR A QUICK AND EASY HOME LOAN APPLICATION PROCESS?

Visit www.loandepot.com or call (317) 847-4738 to get your custom rate quote.





CD-COM

Systems Midwest

NOW HIRING

www.cd-com.com

Helping organizations large and small to solve complex information management challenges.

8142 Woodland Dr. • Indianapolis, IN 46278

317-872-7044

Continued from Page 15

Northwestway Park is so close, the creek and ball diamonds.”

Neighborhoods

Abington Apartments
 Aura Apartments
 Cambridge Commons (LEC)
 Cheswick Place
 Creekside Square Apartments
 Liberty Creek North
 Liberty Creek South
 Deer Creek
 Eagle Creek North
 Eagle Trace Village
 Garden Point Apartments
 Guion Lakes
 Guion Point
 Northern Estates
 Parkside Apartments
 Robertson Village
 Rosewood Commons
 Saddlebrook
 Shadow Point
 Wolfington (west of Lincoln Rd.)
 Woodbrook Apartments
 The Woods of Eagle Creek
 Ortho Indy YMCA
 Northwestway Park
 Saddlebrook Golf Course

Continued from Page 2

funds to buy and install a custom bench at a stop that lacked the ridership for IndyGo to install one per the bus stop guidelines. Once the neighborhood expressed interest, IndyGo worked with Bates-Hendricks to secure right-of-way (ROW) permitting to allow a bench to be installed at their recently adopted East and Orange Streets stop.

If you or your organization would like to participate in the Adopt-A-Stop program or install a bus stop amenity, you can contact your IndyGo Liaison who will help connect you and the planning team!

Together we can help reduce the litter and build a better transit experience.

Community Outreach

“IndyGo is committed to creating and managing a service that is efficient and effective for our ridership. Our public outreach efforts enable us to better understand our riders’ needs and plan service that works for them.” as a volunteer community liaison, I’ve been asked to gather concerns and share them with staff so they can give comprehensive and neighbor driven input on issues that are important to you. Please let me know questions and concerns so I may pass them along.

APRIL WAS FOOD WASTE AWARENESS MONTH!

You Can Reduce Food Waste

By Christy Krieg

I realized this after seeing multiple articles in the press, including Bon Appétit and Edible Indy magazines. I also heard a lovely piece on the Splendid Table radio broadcast about how to create gourmet cuisine from food scraps, such as carrot top pesto!

The terrible reality is that Americans throw away 30% of our food. THIRTY PERCENT! And according to the EPA, 68% of that goes into landfills or combustion facilities like ours. As with other environmental concerns, I believe it’s my personal responsibility to do better for the planet.

Food waste comes from both pre-consumer and post-consumer sources. Pre-consumer waste includes food left to rot in the fields, disposal of imperfect, damaged or “expired” food at the grocery store, waste in restaurants, and schools.

These commercial sources seem harder to tackle as individuals, but we can easily impact our contributions to post-consumer waste. Post-consumer waste occurs after we bring food home, but preventing it starts before we purchase.

First and foremost, don’t overbuy! Before you go to the store or log on to place your order for delivery, make meal plans, create a shopping list, and buy appropriate quantities. Stick to your list!

(Note: The food insecurity concerns many felt during the pandemic led to “stocking up” – you can let go of that now and use up your larder!)

At the store, if you see a blemished fruit or a damaged package of something on your list, buy it! It’s still good and you’ll be doing your part to reduce waste.

Also, don’t forego purchase or throw out food based on nearing “use before” or “best by” dates. According to the FDA, these labels

are somewhat arbitrary and not standardized. There is no hard and fast rule associated with “use by” dates; these are chosen by the manufacturer for various reasons. So, unless there is a change in color, consistency, texture, or smell, it’s probably ok to eat.

If you buy in bulk, be sure you have a plan to consume it ALL, otherwise it’s not the bargain you hoped for and you’ll trash the excess. Other strategies: share with a neighbor or relative, or donate nonperishables to the food pantry.

Keep a shelf in your refrigerator for “use first” items, and check it daily. Outside the fridge, on paper or dry-board, post and update a list of produce, dairy, and leftovers. When you do find something too far gone to eat, strategize about how to do better next time.

Include use of leftovers in your weekly meal plan! So many things taste better the next day, and you’ll have more time in the evenings when you have a prepared option for nights when you need a break from cooking.

Save money by carrying your leftovers to work for your lunch; when you’re putting away the evening’s meal, pack up lunch portions for grab-and-go in the morning.

Finally, if you eat out, order smaller portions and bring home leftovers. (I carry my own leftover container in the car to reduce packaging waste.)

We can all reduce food waste! But none of us is perfect. Despite our best efforts in my household, we definitely find things we’ve forgotten until they’re past safe usage, and with these I make compost. Boom! Home-made, free fertilizer! More on that in a future article.

BENEFITS OF REDUCING WASTED FOOD

- **Saves money** from buying less food.
- **Reduces methane emissions** from landfills and lowers your carbon footprint.
- **Conserves energy and resources**, preventing pollution involved in the growing, manufacturing, transporting, and selling food (not to mention hauling the food waste and then landfilling it).

**REAL people.
REAL savings.**

All inclusive, full,
traditional, funeral service.
Made affordable, performed
respectfully and meaningfully.
Casket included.

\$3995.

Call us today to
see how we can help
you save!

Serenity
FUNERAL AND CREMATION SERVICES

We offer
financing

6202 Michigan Road • Indianapolis, IN 46268
(317) 757-6604
SerenityFuneralServices.net

SCHOOL AND COMMUNITY NUTRITION PROGRAMS

SFSP PROGRAM ANNOUNCEMENT

St Monica School has announced plans to participate in the Summer Food Service Program (SFSP). Free meals will be made available to all children 18 years of age and under and to persons over 18 years who are enrolled in a state-approved educational pro-

St Monica School has announced plans to participate in the Summer Food Service Program (SFSP).

gram for the mentally or physically disabled. Free meals will be provided to all children without charge and are the same for all participants. There will be no discrimination in the course of the meal service.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees,

and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audio-tape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write

By Dianne Metzler

dependence Avenue, SW, Washington, D.C. 20250-9410; fax: (202) 690-7442; or email: program.intake@usda.gov.

This institution is an equal opportunity provider.

Meals will be provided at a first come, first serve basis at St Monica School at the following sites, on the following dates:

June 14 through June 30, 2021 and July 6 through July 23, 2021

MONDAY THROUGH FRIDAY. DOOR 15 SOUTH SIDE OF SCHOOL BUILDING

Contact Mrs. Metzler at 317-919-3853



GPS device \$99

Special Offer by our CEO til July 31st

Sign up today for \$11.99 per month

For a lifetime rate! Call 877-420-7855

Join the SSPL Club!

Security
Help secure your personal items and the vehicle

Safety
Provides a safe app to track you anywhere

Peace of Mind
Eliminates anxiety to locate your loved ones

Low Cost
Affordable cost for everyone in the family

Visit us at www.mobiltrackr.com today



Personal Vehicle



Family Vehicle



Company Vehicle



BEFORE you meet up with friends.
you hang out with your neighbor.
you hug your grandmother.

GET VACCINATED.

The COVID-19 vaccine is here. Along with the reunions it allows.

Safe and effective, the COVID-19 vaccine will help protect you, your family and friends. Numerous vaccination centers are near you and the registration process is quick and simple. To learn more about the COVID-19 vaccine, eligibility and how to schedule your vaccination, please go to EskenaziHealth.edu.



STEWARDSHIP PARTNERSHIPS

Won't You Be My Neighbor

By Carol Mullins



URGENTCARE

Indy

Including

Acute Illness & Injury ages 2 & up
Workers Compensation/Occupational Health
Monday-Friday 8am-7pm Sat-Sun 9-3

*Please Arrive 30min Before Closing***317-960-3278**

PRIMARYCARE

Indy

By Appointment 317-749-0709

LUNG CARE

Indy

By Appointment 317-956-6288

Asthma/COPD/Post COVID

PIKE MEDICAL CONSULTANTS
We listen with our hearts.

Your Neighborhood, our home, veteran owned
7911 Michigan Road, Indianapolis, IN 46268

Fifty years ago, Fred Rogers invited us through song to be part of something bigger, our community. **Neighborhoods** were places to explore, come together and learn about the world. To gather with others, sit on porches, ride bikes, walk, stroll through gardens, and down streets, or to the store. To meet people and have conversations.

"Neighborhoods are part of who we are, what we identify with, and where we call home."

Today, depending on who you ask, the definition of 'neighborhood' has either expanded, to include a world through digital technology, or focused directly around your home and yard. **Fred Rogers reminds us; neighborhoods are part of who we are, what we identify with, and where we call home.**

Pike Pulse embraces what a community should strive for, building cohesive and connected neighborhoods, discovering local resources and sharing stories. Lessons learned from Rogers were simple, accept others, embrace your uniqueness, and remember we are pretty much all the same; same basic needs, same basic fears, same expectations. We want

these freedoms and the basic right to decide individual destiny, that's human nature. However, at the same time, the problems we face today — violent conflicts, discrimination, destruction of nature, poverty, hunger, and so on — are mainly created by humans. What can you do? Be open to listening to others and know their stories, be kind, pitch in and help, do your best, and remain aware of how your actions impact those around you, and don't litter. Keep abreast of local news, neighbors, and local business. **There are so many opportunities** to make Pike the best township in Indianapolis, we have so many amenities, we have the neighborhoods and we have the most important resource there is, you. So let us know about your goals, desires and celebrations.

Neighbors teach us about ourselves; embrace and learn from them. Enjoy good food, good friends, and good music and appreciate and respect everyone. More importantly, Fred Rogers said: *"We live in a world in which we need to share responsibility. It's easy to say, It's not my child, not my community, not my world, not my problem. However, there are those who see the need and respond..."* As for me, I am a hopeless optimist who believes answers come from the community and especially the people stepping up to help one another, even in the smallest of ways. A kind word, a door held, a helping hand. Knowing



There are so many opportunities in Pike, so many amenities, we have the neighborhoods and we have the most important resource, you. So let us know about your goals, desires and celebrations.

your gifts and using them. **Figure out your talent**, where you can connect and build on your definition of neighborhood, **embrace those talents and make a difference**, even if it's reading articles to gain information, shopping local businesses, or making small changes for the environment.

This spring many of you did this by participating in clean-ups, tree plantings, community meetings and neighborhood gatherings, food parties, and more, all while social distancing. Let's replicate this everyday on a smaller scale. If you see litter in your area, stop and pick it up. Pike neighbors, coming together, to create beautiful spaces, to live, work, and play and continue the good work in our community. Our goal is to build relationships to help one another connect and

address the needs of others in the Pike. Contact carol@pikepulse.com to plan placemaking, beautification or conservation efforts focused on sustainability and resiliency. In this edition is a breakdown of **neighborhoods in Pike township, by Districts**. The vision is to hear your stories, and engage residents and business in at least one project in each "dis-

The vision is to engage residents and business in at least one project this year in each "districts/zones" that will enhance and build on the vibrancy of Pike Township.

trict/zone" to enhance and build on the vibrancy of our township. Groups are forming to discuss potential projects now. Contact us and be part of this process... **Together we can do so much!**

GET THE GREEN OFF YOUR  HOME
519 HOUSE WASHING
 Soft Wash Process
463-202-8300
519cleanse@gmail.com
 Surface Cleaning of Driveways, Patios, Wood Decks & Fences

519 House Washing removes algae, moss and mold from your homes exterior. We use a "soft wash" low pressure process. 519 gives a two year guarantee on all siding we treat. 519 cleans driveways, patios, wood decks and fencing with our specialized solutions, along with our 200 degree surface cleaners. The results are amazing. We are exterior experts and we have years of experience and assorted challenges from past projects to meet your request. 519 House Washing's rates are based on time, not Square Feet. We are extremely efficient and very meticulous about every job we do. 463-202-8300. We are Bonded and Insured.

 **State Farm[®]**

Josh Fields
 Agent



5645 W 79th St
Indianapolis, IN 46278
Bus 317 875 0013
Cell 734 347 7733
josh.fields.k0we@statefarm.com

Thank you for your loyalty. We appreciate you.



BEAUTIFICATION MEETS BUSINESS PARK
Another Project in Pike with Keep Indianapolis Beautiful, Inc.

By Carol Mullins

It's great when diverse groups come together to make change in the community. We are fortunate in Marion County and Pike to have an organization that is committed to enhancing public space, engaging neighbors and caring for the environment. Keep Indianapolis Beautiful, Inc. (KIB), also worked with several community partners, Boy Scouts, Girl Scouts, MSDS Pike, and the Crooked Creek neighborhood, to plant over 100 trees in front of New Augusta Academy North and South, along Rodebaugh Rd., and along 62nd St. It was the collaborative work organized by this group.

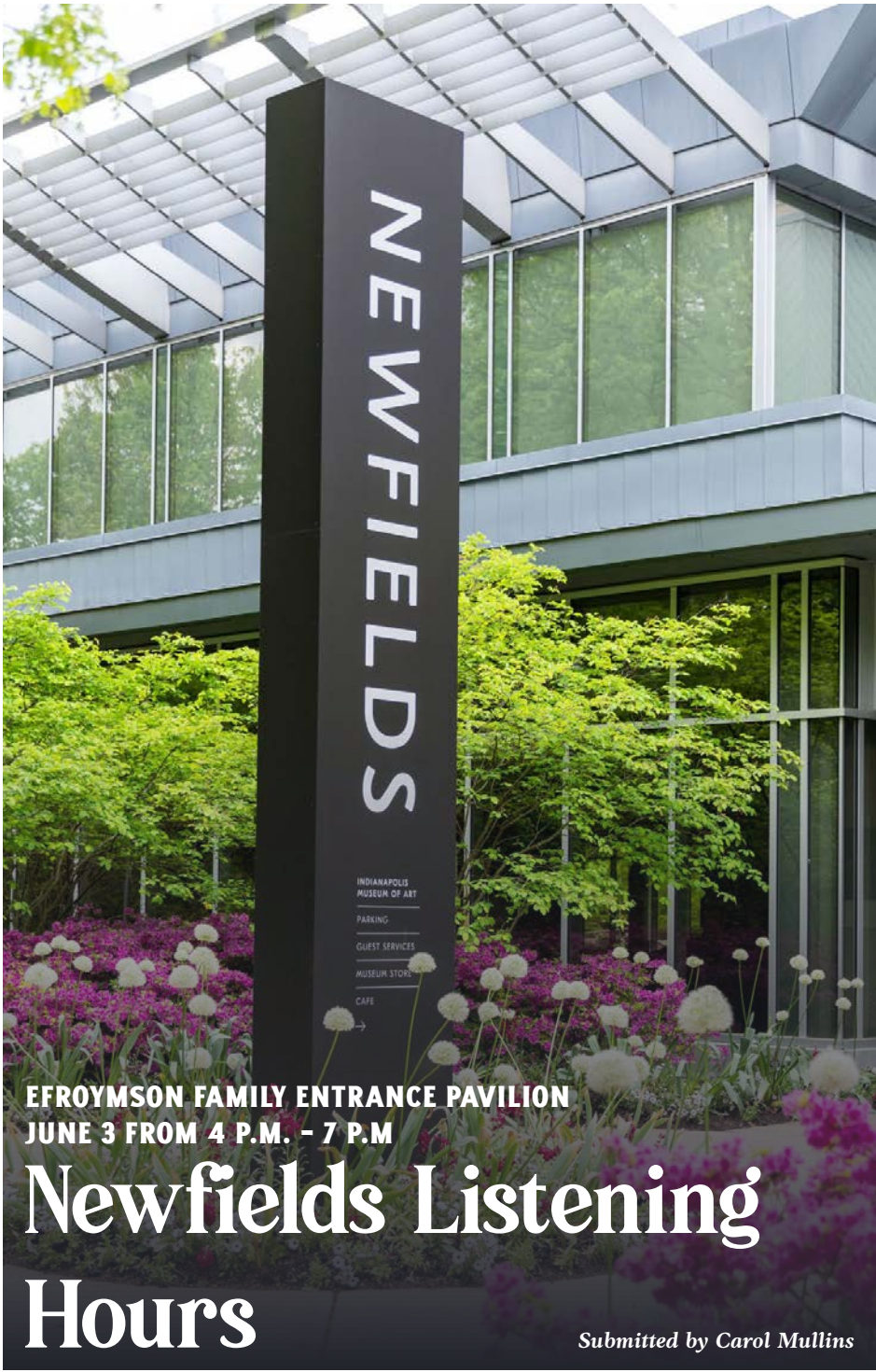
April 10 and April 17th, KIB worked with neighborhood volunteers and employees in the College Park Business Park/Pyramids to enhance additional urban tree cover with the planting of over 200 trees. This was a continuation of KIB's work in the area and projects with community groups to increase the urban forestry canopy in Pike Township along Michigan Road. Over the last three years, over 600 trees have been added to this stretch of road from 79th to 96th. KIB partnered with local community groups, and doz-



ens of individuals and families who showed up for two weekends at the business park. The skies were dark and ominous, and the threat of rain was ever near. However, the rain held off until the last tree was placed along Depauw Blvd., Purdue Road, and Vincennes Blvd.

The College Park Business Owners Association, Crooked Creek Indy, and KIB sent out a call for volunteers, and they made a difference. Previously, this area had a loss of tree cover from both crabapple disease and the Emerald Ash Borer. Planting trees, will enhance the landscape, provide needed shade, and a beautiful thoroughfare. These trees will also increase property values and studies have proven, reduce crime.

Trees are an important part of the vibrancy and health of the community. Pike Township and Crooked Creek have benefited from KIB's work over the years in building the urban tree canopy. Consider volunteering, supporting, or making a donation to Keep Indianapolis Beautiful so more trees and clean-ups can continue in Pike Township and beyond. Visit KIBI.org for more information.



EFROYMSON FAMILY ENTRANCE PAVILION
JUNE 3 FROM 4 P.M. - 7 P.M.

Newfields Listening Hours

Submitted by Carol Mullins

We want to meet and hear from you! Join us for Newfields Listening Hours, coinciding with Free First Thursday on June 3. Members of the Newfields Board of Trustees will be on-site in the Efroymson Family Entrance Pavilion from 4 p.m. to 7 p.m. and look forward to saying hello and hearing what you have to say about our work to make Newfields a more diverse, equitable, inclusive, and accessible (DEIA) institution. You can read about our DEIA action plan at <https://discovernewfields.org>. From ideas about how

we could make Newfields a more welcoming place, or a more central part of our community, to thoughts about how we could make your visit more exciting and inspiring, we'd love to hear from you about the change you'd like to see at Newfields. If you can't make it on Thursday to speak with us in person, send your thoughts to together@discovernewfields.org. We value your input and feedback and hope to see or hear from you soon!

Your Fay Bickard Glick Neighborhood Center NEEDS YOUR HELP



Fay Bickard Glick
Neighborhood Center

Hello FBGNC Friend,

I am excited to share that our board has started our strategic planning process, with the support of our Synergy Consulting firm. Through this work, we will have a 3-year strategic plan that sets forth what our top priorities are based on the needs and desires of our community. Gathering the voice of the community is critical for this work to be authentic and meaningful, and all of us will play an important part in getting the involvement of clients, community partners, and residents who are not clients. **We need the voice of our local teens, parents, seniors, Spanish speakers, English speakers, immigrants and refugees...the more voices we hear, the stronger our plan will be.**

Between now and June 24th, we will be asking people to complete our survey (available in English and Spanish) and we will be holding focus groups (English-speaking residents, Spanish-speaking residents, clients, community partners).

Would you mind taking some time and completing our survey. Please go to: <https://form.jotform.com/fbgnc/survey>

Your assistance will be greatly appreciated.

Patrice Duckett

Executive Director

Fay Bickard Glick Neighborhood Center at Crooked Creek

2990 W. 71st St.

Indianapolis, IN 46268

317-293-2600 ext. 101- office

www.faybickardglickcenter.org



<https://form.jotform.com/fbgnc/survey>



GRADES K-8
100% VIRTUAL PROGRAM!

MATCHBOOK LEARNING
WENDELL PHILLIPS SCHOOL 63

ENROLL NOW FOR THE
2021-2022 SCHOOL YEAR!

CALL
317-226-4263
TO ENROLL



GATSBY'S PUB & GRILL

\$2⁰⁰ OFF \$10 minimum


TRIVIA MONDAY @ 7pm

SINGO WEDNESDAY @ 7pm

No Karaoke allowed per present COVID guidelines

**6335 Intech Commons Drive, Suite F
Indianapolis, IN 46278
(317) 275-2292 • www.gatsbysonline.com**

SUBSTANCE USE OUTREACH SERVICES IS TEAMING WITH THE ACTION HEALTH CENTER TO PROVIDE **STD/STI TREATMENT**



STARTING TUESDAY - MARCH 9

Beginning on Tuesday, March 9, 2021 from 1-4pm, Dr. Millicent Moye of the ACTION Health Center will be collaborating with SUOS to provide STD/STI treatment.

PLEASE BRING INSURANCE CARD
CASH OR CREDIT ALSO ACCEPTED

The Substance Use Outreach Services (SUOS) Program, located at 1650 N. College Ave., currently provides HIV/STD and Hepatitis testing and screening.

This expansion of service will offer the community more accessibility and convenience for not only getting STD/STI testing but getting treatment as well. The clinic is centrally located and on the bus line (16th & N. College) with free on-site parking. In addition to providing treatment for STDs and STIs, Dr. Moye will also offer physical examinations for clients.



MARION COUNTY
PUBLIC HEALTH
DEPARTMENT
Prevent. Promote. Protect.

**Please call
317-221-4618
to schedule an appointment.**

Adhering to CDC guidelines to provide you with clean, safe, and low-risk treatment

Offering...

 **Back Therapy**

 **Hip Therapy**

 **Knee Therapy**

 **Neck Therapy**

 **Personal Training**

 **Foot and Ankle Therapy**

 **Shoulder Therapy**

 **Improve Balance and Walking**

 **Improve Posture**

 **And More!**

Our goal, as a Team, is to get you back to your best providing the best quality out patient physical therapy services.

For questions or to schedule an appointment, please visit team-rehab.com/indianapolis-northwest or call (317) 677 - 0640



**TEAM
REHABILITATION**
PHYSICAL THERAPY

Indianapolis - Northwest

**8628 Purdue Road
Indianapolis, IN 46268
(317) 677-0660**



Falcon Creek Clean-Up



Waterways are an integral part of our community. Little Eagle Creek (LEC), is just one of a many of our creeks and streams flowing through Pike Township. We'd like you to join the LEC committee and Reconnecting to Our Waterways for **LEC's first Creek Day at the Falcon Creek Cleanup in Eagledale! Join us Saturday, June 5 from 9 AM - 12 PM at Eagledale Patricia Park.** Gloves, trash bags,

and individual snacks and water bottles will be provided for volunteers. Please sign up for the event at <https://www.surveymonkey.com/r/Creekclean-up>.

ROW's current COVID recommendations ask that volunteers stay 6ft apart to reduce the spread of COVID-19. Check out our latest policy

LETTER TO THE EDITOR GUIDELINES

Write to:

1. By email: larry@pikepulse.com or
2. By letter: Larry Oliver, Editor-In-Chief, **Pike Pulse Newspaper**, 4732 Century Plaza Rd; Indianapolis, IN 46254

What are the guidelines?

- To be published you must include your name, address, daytime phone number, and/or email address. Anonymous letters will not be published.
- Your letter should be fewer than 300 words. I may, however, allow for longer letters, but may have to split your message between publications.
- I am most open to publishing your thoughts about Pike Township issues – positive or negative. I also encourage responses to Pike Pulse articles.
- Please write in a thoughtful and cordial tone. I will probably not respond to or publish letters that attack, ridicule, denounce, or impugn a person's character, or impute immoral or dishonorable attributes to others based on race, ethnicity, gender, age, religion, national origin, disability, or sexual orientation.

How are letters selected for publication?

We welcome letters that offer a new perspective or add depth to a discussion of an issue covered in Pike Pulse. The publisher and I will be the final decision makers about what is published.

Are letters edited?

Our editing team will check spelling, punctuation, and grammar. We may check the facts of your statements. An editor's note may be added.

YOU'RE WORTH IT.



KRISTY & PHIL,
persons in
recovery from
substance use disorder

No matter how many times you've tried to stop, it's okay to keep trying. Today's recovery methods are easier on your body, so your mind can do the hard work of getting well. To find counseling and resources near you, call 317-221-4618. The call is worth it. Because you're worth it.

#YOUREWORTHIT

MARIONHEALTH.ORG/WORTHIT
317.221.4618



Pike Township Trustee's Office **Annette M. Johnson** Trustee

Office Hours
8:30-4:30

Monday – Friday

5665 Lafayette Road Suite C
Indianapolis IN. 46254

317-291-5801

Due to COVID-19

Call Office for Appointment

News From Nassif Kouton Our Pike Township Mayor's Neighborhood Advocate

If you have a concern about your neighborhood or anything in Pike Township, contact Nassif at: nassif.kouton@indy.gov or 317-327-5125, or 317-833-4530 (cell).

Good for Pike / Bad for Pike



Sponsored by



Accounting Consulting Tax Services, Inc.

Certified Public Accountants
317-280-2277
www.actservices-inc.com

Tax Preparation

We provide personalized, convenient business, individual, trust and not-for-profit income tax return preparation.

We offer in-person or virtual drop off and review meetings to thoroughly discuss your situation before any returns are filed.

We don't like surprises in relation to your taxes. We offer proactive, year-round support and tax planning. From "safe harbor" determinations which help you avoid/lessen underpayment penalties to detailed strategic planning, we provide the level of detail you require.

We also have Enrolled Agents, federally licensed tax practitioners who specialize in taxation and have unlimited rights to represent taxpayers before the IRS, to assist you with any resolution issues you might have.



Dave Ramsey, Endorsed Local Provider

A.C.T. Services, Inc. is proud to be an official Dave Ramsey Endorsed Local Provider (ELP). This nationwide service helps you find local experts you can trust. ELPs are interviewed, vetted, and selected specifically to help Dave Ramsey's fans with their accounting, tax and payroll needs.

PRST STD *****EGRWSS EDMM
US POSTAGE PAID
INDIANAPOLIS, IN
POSTAL CUSTOMER LOCAL

Did you not get the paper at your house or business?
We pay the Eagle Creek (317-464-6814), Mapleton (317-464-6808), New Augusta (317-464-6868), and Clermont (317-464-6834) Post Offices to deliver **Pike Pulse** to 36,145 homes and businesses in Pike Township. We also deliver bundles of newspapers to libraries, advertisers, and other businesses in the Township. Please call your post office if you are not receiving it.